

FACULTY OF SCIENCE  
SCHOOL OF PSYCHOLOGY  
**PSYC 3331**  
**HEALTH PSYCHOLOGY**  
SEMESTER 2, 2016

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1. Information about the Course			
<b>FACULTY</b>	Science		
<b>SCHOOL OR DEPARTMENT</b>	Psychology		
<b>COURSE CODE</b>	PSYC 3331		
<b>COURSE NAME</b>	Health Psychology		
<b>SEMESTER</b>	Semester 2	<b>YEAR</b>	2016
<b>UNITS OF CREDIT</b>	6	<b>LEVEL OF COURSE</b>	3 <sup>rd</sup> year
<b>ASSUMED KNOWLEDGE, PREREQUISITES OR CO-REQUISITES</b>	Prerequisite/s: PSYC2001, PSYC2061 or PSYC2101		
<b>SUMMARY OF THE COURSE</b>	<p>This course aims to introduce students to some of the major theoretical and empirical work in Health Psychology. Its primary focus will be on the promotion and maintenance of health-related behaviour and the prevention of illness. The course will begin with a brief overview of the history of the field of health psychology, as well as basic models of health behaviour. The application of that knowledge will then cover health promotion strategies and methods (for example, improving diet-related behaviour and attitudes, initiating and maintaining exercise programs), and disease prevention skills and behaviours (for example, coronary heart disease, cancer, and smoking-related problems).</p>		

2. Staff Contact Details				
[REDACTED]				
		Office	Contact Time & Availability	
		<a href="http://unsw.edu.au">unsw.edu.au</a>	Mathews 1111	By appointment
Name	Phone	Email	Office	Contact Time & Availability
Kate Faasse	9385 0364	<a href="mailto:k.faasse@unsw.edu.au">k.faasse@unsw.edu.au</a>		



**6. Graduate Attributes**

<b>School of Psychology Graduate Attributes*</b>	<b>Level of Focus</b> 0 = No focus 1 = Minimal 2 = Minor 3 = Major	<b>Activities/Assessment</b>
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**9. Course Schedule**

**10. Assessment**

	Weight	Learning Outcomes Assessed	Graduate Attributes Assessed	Date of Release	Feedback
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Assessment Task

Weight

Learning Outcomes Assessed

Graduate Attributes Assessed

Date of Release

Feedback



section about referencing and plagiarism in each Course Guide, as this will also include information specific to the discipline the course is from. There are also other sources of assistance at UNSW:

**How can the Learning Centre help me?**

The Learning Centre assists students with understanding academic integrity and how to not plagiarise. Information is available on their website: <http://www.lc.unsw.edu.au/academic-integrity-plagiarism>. They also hold workshops and can help students one-on-one.

**How can Elise help me?**

ELISE (Enabling Library & Information Skills for Everyone) is an online tutorial to help you understand how to find and use information for your assignments or research. It will help you to search databases, identify good quality information and write assignments. It will also help you



**Copying design work**

A final year design student used images of someone else's designs in her work and he said the designs were his own. The matter was formally investigated by his Faculty and he was found to have committed academic misconduct and failed the course.

**Further information and assistance**

If you would like further information or assistance with avoiding plagiarism, you can contact the Learning Centre. The Learning Centre at The University of New South Wales has two locations:

**UNSW Learning Centre**

Lower Ground Floor, North Wing, Chancellery Building  
(C22 Kensington Campus – near Student Central)

<http://www.lc.unsw.edu.au/>

**Phone:** 9385 2060

**Email:** [learningcentre@unsw.edu.au](mailto:learningcentre@unsw.edu.au)

**Opening Hours:**

Monday to Thursday: 9am - 5pm and

Friday: 9am - 2.30pm

**COFA Campus Learning Centre**

**Email:** [cofalearningcentre@unsw.edu.au](mailto:cofalearningcentre@unsw.edu.au)

**Phone:** 9385 0739

**14. Administrative Matters**

The *School of Psychology Student Guide*, available on <http://www.psy.unsw.edu.au/current-students/student-guide> contains School policies and procedures relevant for all students enrolled in undergraduate or Masters psychology courses, such as:

- Attendance requirements;
- Assignment submissions and returns;
- Assessments;
- Special consideration in the event of illness or misadventure;
- Student Code of Conduct;
- Student complaints and grievances;
- Student Equity and Disability Unit; and
- Occupational Health & Safety.

Students should familiarise themselves with the information contained in this *Guide*.