Resource landscapes for young people leaving residential alcohol and drug services: Research Summary 3

Young people, hope and residential AOD settings: Reimagining futures without AOD problems

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provided young people safe, judgement-free spaces that made them feel positive about themselves and their futures. This allowed young people to make practical plans and provided a sense of optimism.

Just from the information that they [residential AOD service] taught me, it just opened my mind into





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